

A Better Me in God

Facing ourselves is one of the most difficult things we will ever do because in many cases many of us live abstractly outside of ourselves. Meaning, that we are driven by what going on around and the information flowing in our surrounding. For most, we are simply surviving it all day to day without much inner reflection on its impact on our attitude and behavior toward self, others and God. Most of us live out of our own impulses and thoughts and emotions and not really in a mindset to be reflective of where all of that comes from in order to discern if we are efficient and within the will of God. Discerning data and emotions in a way that is real and brings truth to our understanding must be intentional. Many people struggle with living in a mindset of inner-reflection and see no need for conversation with their true self. This reality affect our ability to see ourselves in context of how we should embrace spiritual transformation of the self, the core of where we make relationship with God. In our current environment and culture, it's almost obscure to see spiritual integrity and character that forces one to be true to them self and true to biblical text. This self-checking posture for managing oneself as becoming better at being us and for living the good life resulting in spiritual maturity is lacking.



Desiring to become our best self in God demands of us a focus on being intentional toward inner reflection. It means that we are ready to embrace transformation in the true sense, as it relates to our decision to live a life that aligns with God's word. It is hard work to be honest with ourselves about the need to change and grow our attitudes and behavior. When a believer desires to grow in Christ, one of the most important steps is the decision to yield to the Holy Spirit. This means being willing to be convicted of God, the Word or preaching of the gospel instead of being offended and feeling picked on, but rather an intentional posture of humility to the truth of scripture resulting in new behaviors that lead to admission to the truth of scripture as our life guide. This is the hard work of change.

Change demands working on ourselves without compromise to the flesh. The diligence of self-work requires spiritual strength, authentic relationship with God, and surrendering to partnership with the Holy Spirit. This attitude of behavior require personal conviction to be a student of self, honesty with self, and intentionality to become a better person in God. To achieve a spirit empowered attitude for growth we must develop behaviors that we practice daily for helping us produce the fruits of the Spirit in Galatians 5. When we do so, we are able to better measure our lifestyle and any contrary behaviors to biblical teaching and thereby run to God for strength to do the work of change.

Desiring to grow in Christ is the work for becoming a better Christian. Deciding to do self-work is commendable to the Christian journey and will yield the life fruit for becoming our best selves in God. This is a heart thing! It is an aspiration of the spirit to want to experience true transformation of the self and to position ourself in the presence of the truth of God's Word to begin the journey. This journey leads us to the feet of truth for allowing the power of scripture to transform us from the inside out. The Word of God, our desire to change or grow, partnership of prayer and the work of the Holy Spirit chisel away self-dependence to God-dependence. He will help us do this life work for becoming more like Christ and therefore becoming a better us forcing arrogance, pride and following our own impulses and emotions to become subject to the truth of the Word of God.

Choosing to do you better is choosing to walk with God in an authentic relationship fueled by a desire to grow in Christ. This aspiration solicits our confrontation of the inner self, what makes us tick, what drives our behavior and what is at the root of our core passions, behaviors and attitudes about ourselves and life in general.