

# THE POWER OF INTIMACY WITH CHRIST

## CLAIMING AND POSSESSING A HEALED MIND



### “Claiming and Possessing A Healed Mind”

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2020 October

With everything that we’re coping with in 2020 and the mental and emotional strains of life, it is only reasonable that many people are struggling with a myriad of negative thoughts as they view media and experience the outcome of today’s issues. In addition to these realities, many people struggle with past traumas, pain and negative imagery from things that they have been through in life that impede their ability to embrace the promises and power of scripture to liberate their minds from negativity.

Most of us from time to time struggle with negative thoughts and doubts about the power of faith to grant peace. However, in faith we must strategically war against these impulses and embrace an intimacy with Christ for healing of the mind. We must be diligent to war against this reality so the forces of evil and its strategy in the spiritual realm do not win the war over our individual confidence in God for victorious living. The opposing realm seeks to plant seeds of discouragement, depression and doubt to build an incubator within the mind and spirit for harvesting negativity.

A distracted and undisciplined mind that feeds on doubt is the devil’s playground for seeding negative thoughts with a plan to hinder your faith, breach relationships, and tear at our confidence in God. The goal is to rob you from living and thriving in the freedom and victory available through intimacy with Christ. It is apparent in biblical text that through this relationship and confidence in the authority of God, we have the power to overcome. As Christians. It is important to focus on the essentiality of the Word of God in relationship with

Christ for sustaining a healthy mindset that forces victory over imposing thoughts and attitudes that hinder faith.

To possess the authority made available in Christ, we must claim it by faith grounding that claim in biblical text and yielding to the power of the restorative healing virtue of God. This is a proclamation that demands faith and forces forth its power by quoting and claiming the promises of biblical texts as authority concerning even the mind. This confidence in God’s Word grows our faith in a victorious mindset that no matter what thoughts enter the mind they are sifted and measured by the Word of God and brought subject by faith to the victory promised in scripture.

Standing on the Word of God in spite of thoughts that are contrary to the truth of scripture, require that we gird up the loins of our mind for possessing a healed mind. This mental behavior is a deliberate aggressive intentionality to force within our thinking system wholeness and healing. This attitude of faith pulls into reality the restorative healing power of God and liberates the mind from negativity and doubt pulling into the freedom of faith. According to the scripture, it is God’s good pleasure to give us the kingdom. With this in mind, we know we have access to healing and restoration. The power of a vibrant faith is within the proclamation of the thing that is hoped for and that thing hoped for is made alive by its connectedness to the Word of God and the tenacity of the hopeful.

God always secures those that believe, but demands we acquire it by fight. The very solidarity of mind of faith is the diligent intention to possess it and to sustain it through an intimate relationship with Christ, reading the Bible, and practicing devotions for maturing it. I’m talking about something more than name it and claim it. I’m talking about name it, claim it and possess it. I’m talking about the power of scripture to bring it to past. Ridding oneself of negative thoughts by utilizing the Word of God as the most powerful method. For the Word of God is powerful, and by its power and authority we can speak out the truth and transform negative thinking to a healed mind that lives in the abundant life proclaimed in the Bible.